



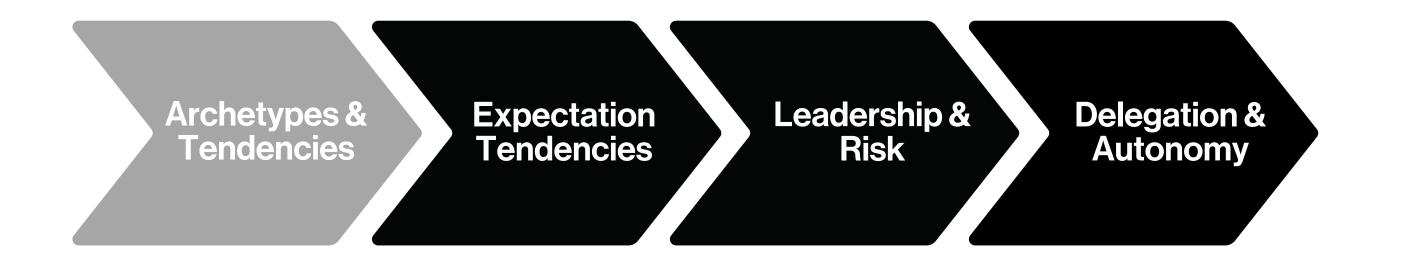
Cat (Kimchi) + 2 Dogs (Kevin & Brian) • Survivalist



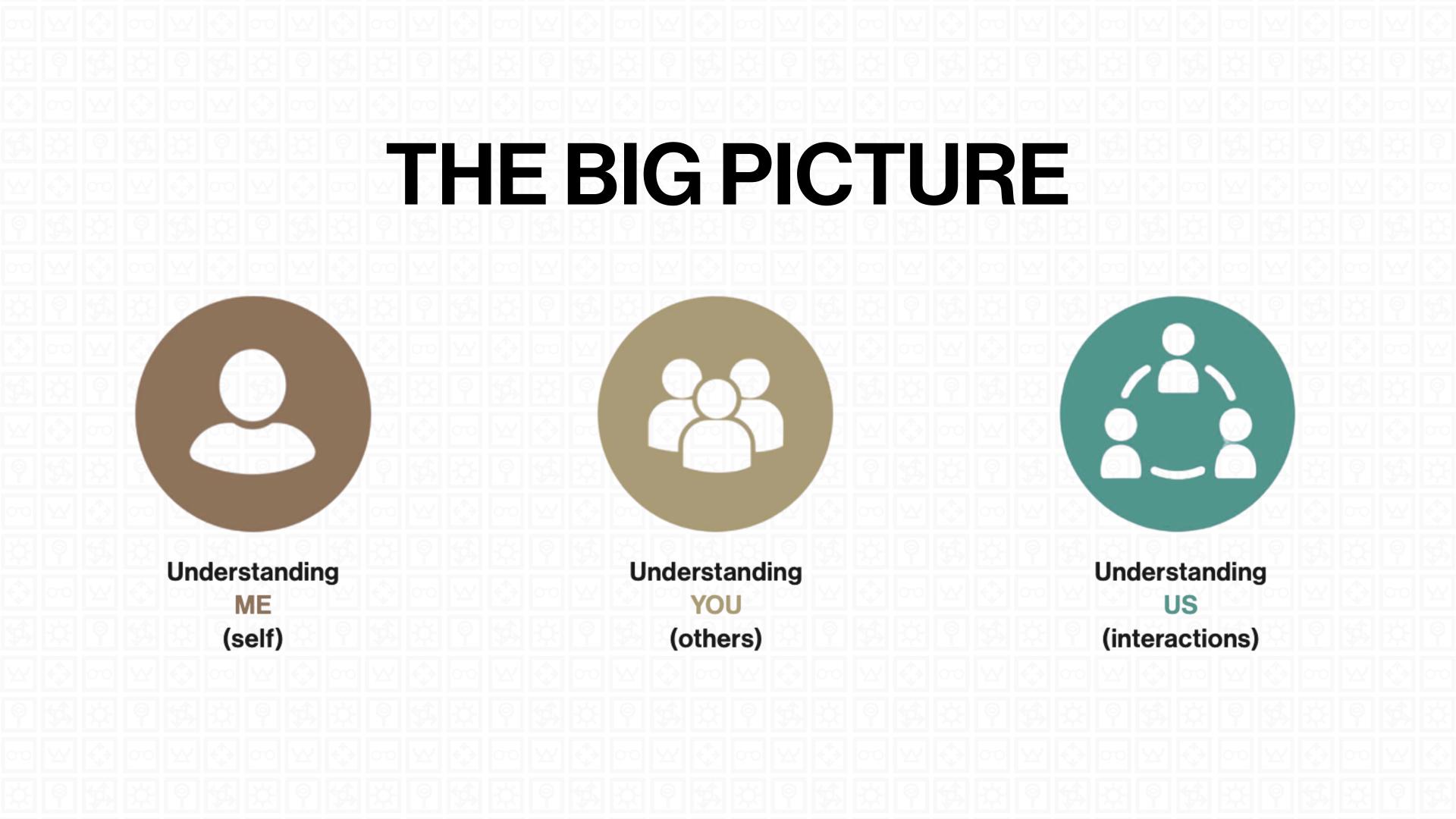
Anna Baeten

- Human Solution Group: Principal
- Educational Background: Biology &
 - **Professional Ethics**
- Professional Background:
 - Organizational Scaling, Marketing, &
 - Leadership Development
- 2 Kiddos (Emerson & Porter) + 1 Black

TODAY



How do we become more skilled at Navigating Discomfort?



FSDIASSESSMENT

If you haven't had a chance to take the FSDI Assessment, feel free to do so now.

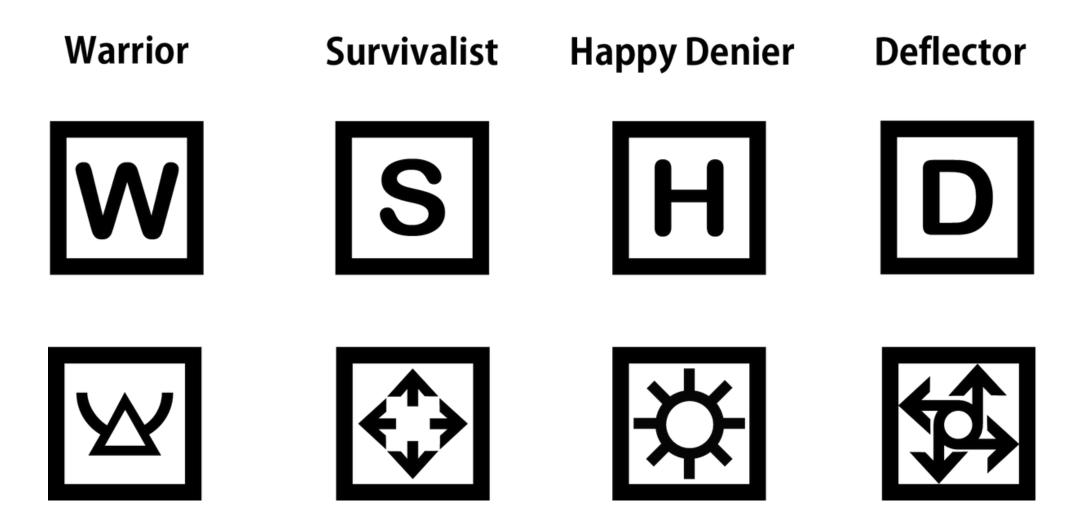


http://www.su.vc/tb25

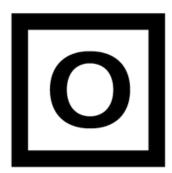


What is my most predictable response when facing failure, stress, & discomfort?

The FSDI Archetypes



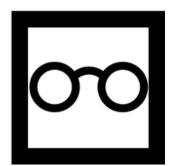
Obsessor

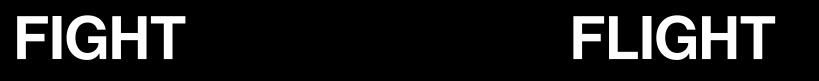


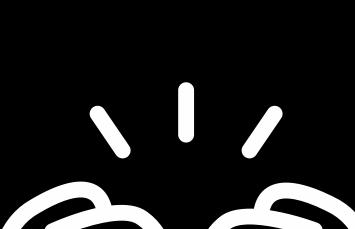
Professor

















Archetype Summary

Warrior	Intense. Ch
Survivalist	Solution D
Happy Denier	Peace Kee
Deflector	Charming.
Obsessor	Contempla
Professor	Depth & Ki

- harismatic. Passionate.
- riven. Intellectualizer.
- eping. Positivity Driven.
- Redirecting.
- ative. Selectively Ruminating.
- nowledge Driven. Focused.

Terryberry Primary Archetypes

Professor 13.9%

Obsessor

22.2%

Warrior

0.9%

Deflector 14.8%

Survivalist 39.8%

Happy Denier 8.3%

Terryberry Secondary Archetypes

Professor 16.7%

Obsessor

20.4%

Deflector 19.4% Warrior 12%

Survivalist 21.3%

Happy Denier 10.2%

BREELOUISEF

QUESTIONS ARE COMING

VAL GOT ANY



AN QUESTIONSP NOT SURE IF MY PRESENTATION WAS SO GOOD NO ONE HAD ANY QUESTIONS

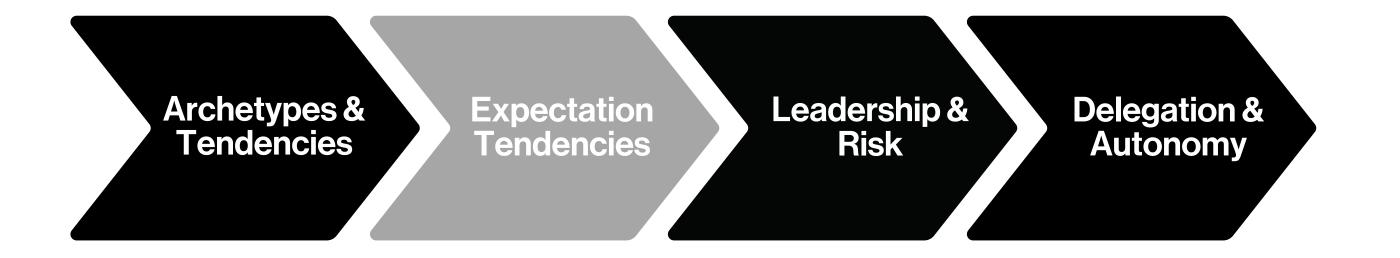
OR NO ONEWAS PAYING ATTENUON

ANY QUESTIONS

DO YOU HAVEP



TODAY



WISDOM BOMB

"An expectation unarticulated is a disappointment guaranteed."

- Rachel Pacheco, Bringing Up the Boss



Leadership & Empathy

Cognitive

Feeling (Mirror Neurons)

Emotional

Compassionate

Boundaries

Intellectually Understand

Help & Support

TACTICAL EMPATHY

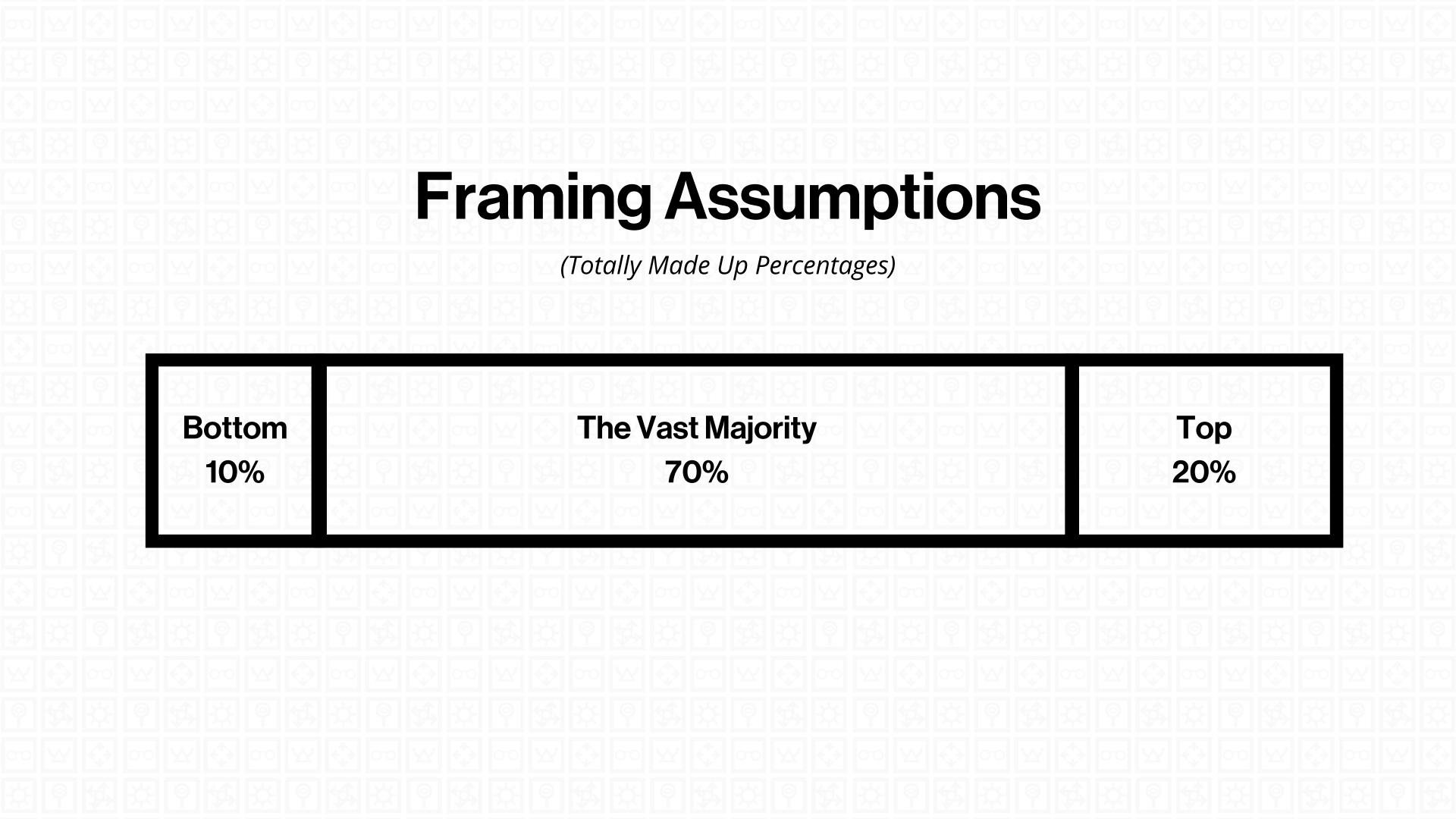
"is not about agreeing with the other person's values and beliefs or giving out hugs.... it is trying to understand a situation from another person's perspective."

- Chris Voss, Never Split the Difference

Framing Assumptions

People Want to Succeed

People are Capable of Doing the Job



Expectations 101 (Tactical)

What is the definition of done?

What does success look like?

When is it due?

- What, specifically, will we have in the end?
- Do you have other/similar projects to share as examples?

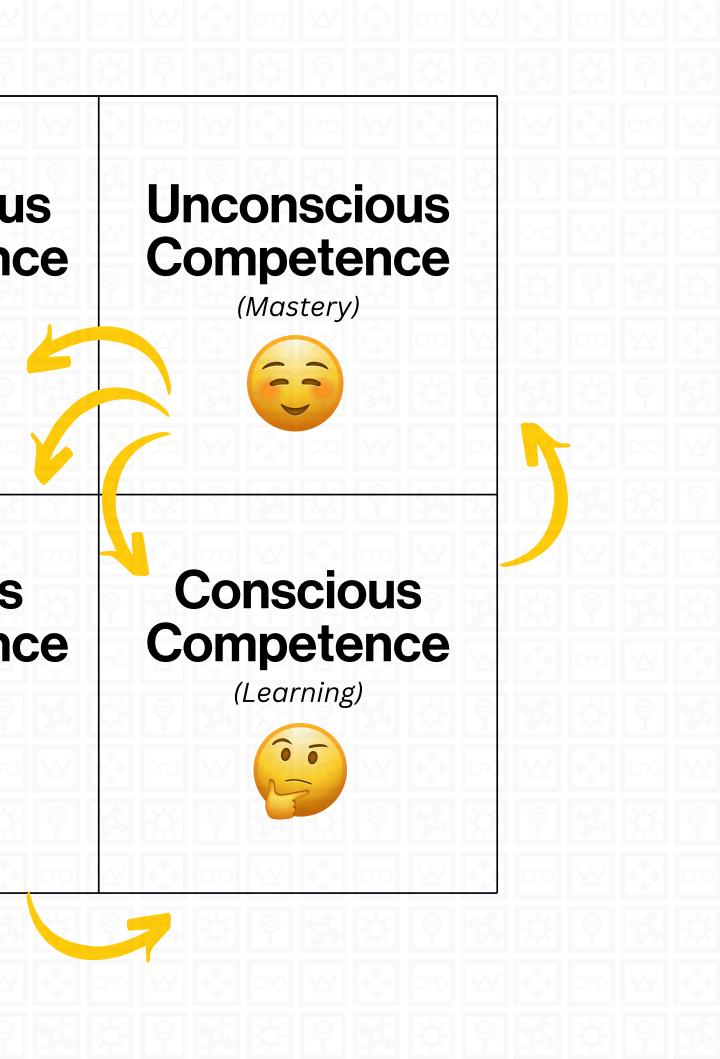
- What are we trying to achieve with this work?
- What are the outcomes?
- What defines
 success for this
 activity or
 deliverable

- By when do you need this?
- For really real.
- No, seriously. For real.

When will we collect feedback?

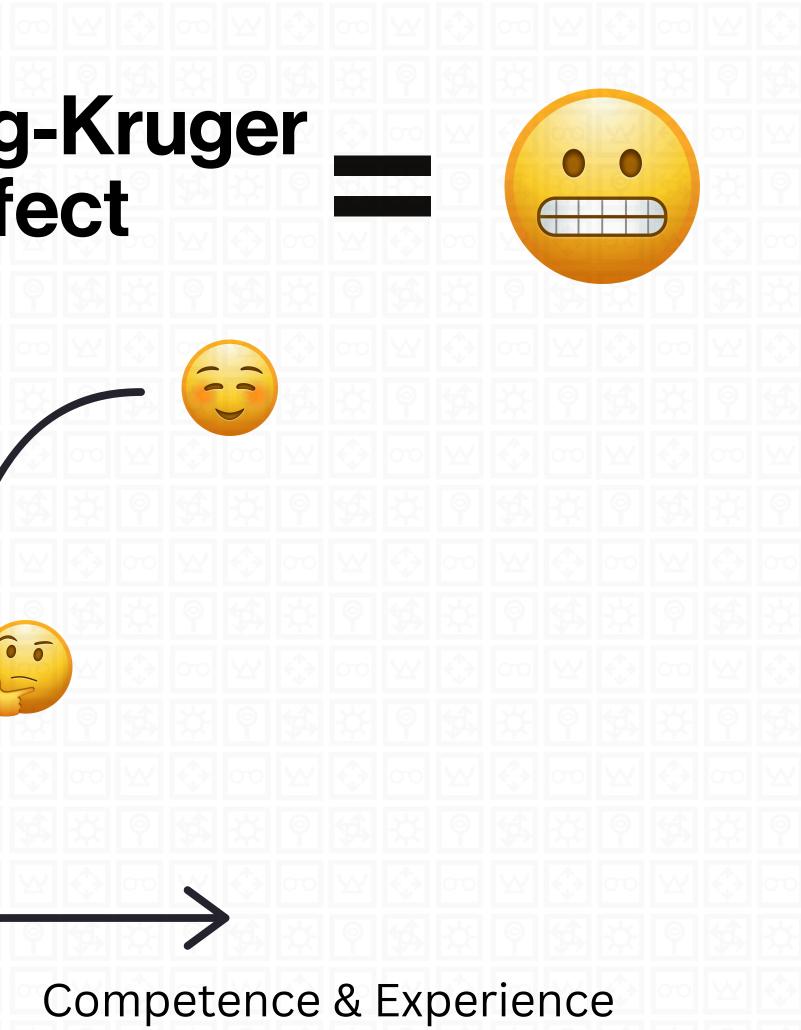
do you ? 7 real. usly. Fo At what points do you want to be looped in for feedback?
What other perspectives or teams do you expect to be included in said feedback?

Unconscious Incompetence (Ignorance) 00 The Four Stages of Competence Conscious Incompetence (Awareness) ~ ~



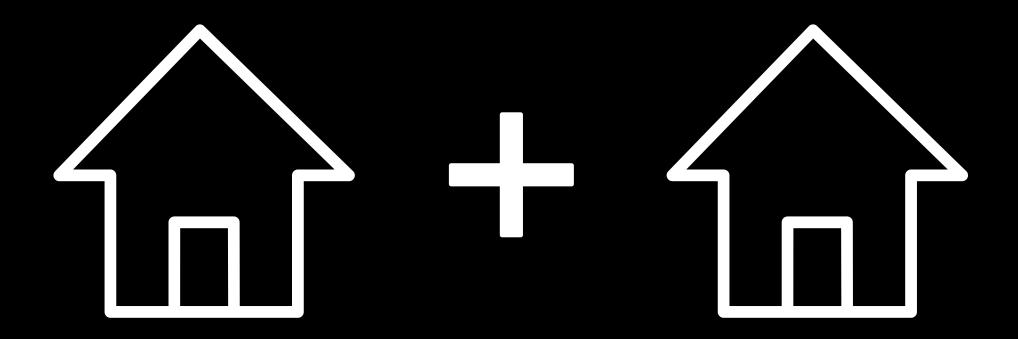
The Four Stages + Dunning-Kruger of Competence + Effect

Confidence & Perceived Ease of Task



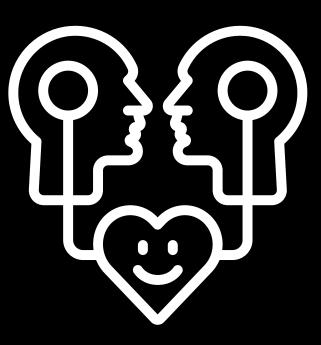
Leadership & Expectations Agency & Confidence Process **Pragmatism** Agility **Tendencies & Experience**

The Human Equation

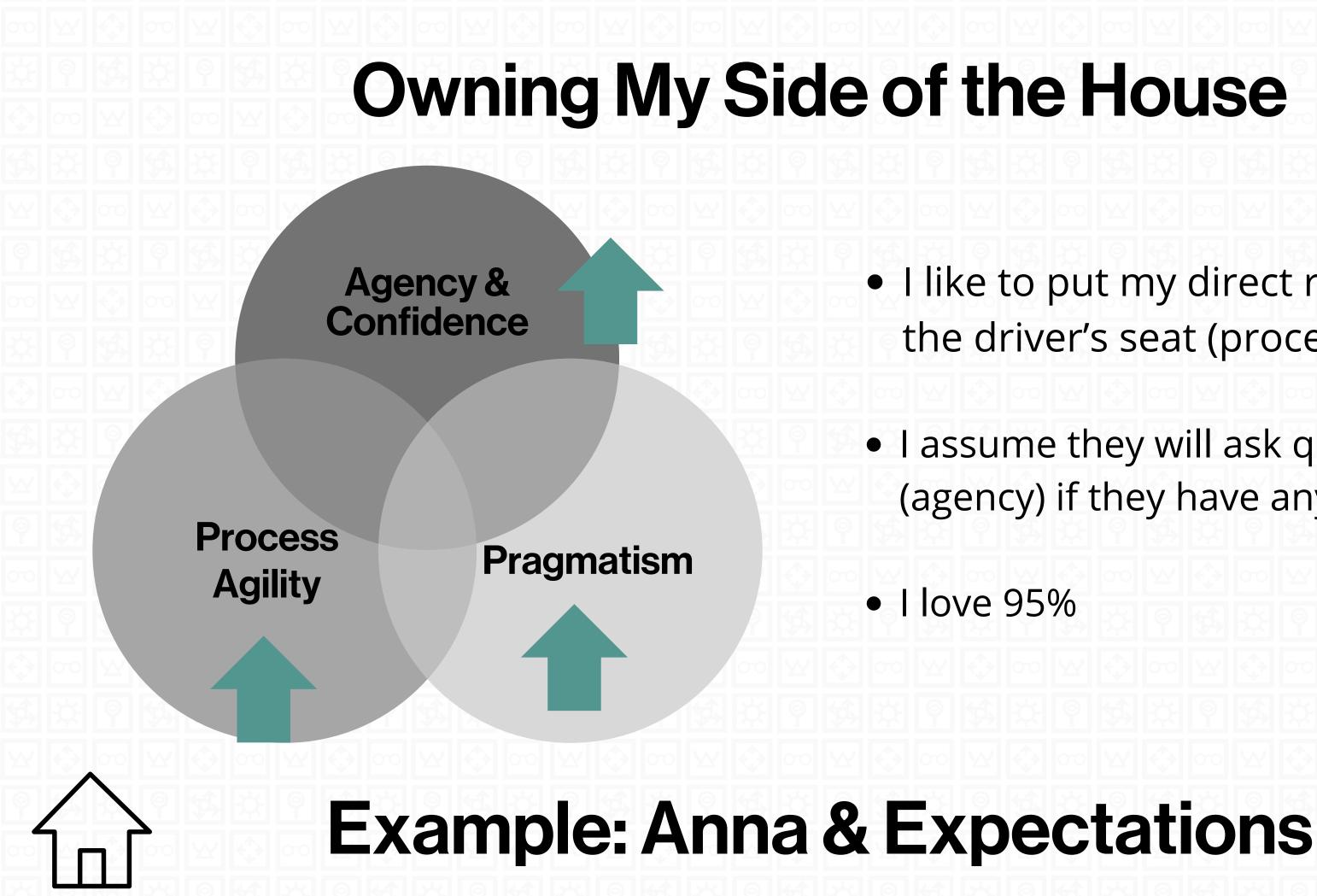


Owning My Side

Inquiring About Your Side



Empathic Clear Expectations



• I like to put my direct reports in the driver's seat (process agility)

• I assume they will ask questions (agency) if they have any.

Inquiring About Your Side of the House

- I would love to know more about how you best receive information & instruction.
- What about what I have shared with you works for how your brain works? and WHY? (harmony!)
- What about it might be challenging? and WHY.

Example: Picking Apart Anna

QUESTIONSP

I KNOW ONE OF YOU OUT THERE HAS ONE!

milities, resembling

GIVE THEM TO ME NOW

NOW I WILL TAKE YOUR QUESTIONS. YOUR QUESTIONS

I LOVE QUESTIONS

QUESTIONSARE MY FAVORITE I DON'T ALWAYS ASK QUESTIONS

W THEY ARE OPEN-ENDED

TODAY



DELEGATION & RISK

"Delegation requires the willingness to pay for short term failures in order to gain long term competency."

-Dave Ramsey

Failure & Risk Framework

Tendencies

Internal

& External

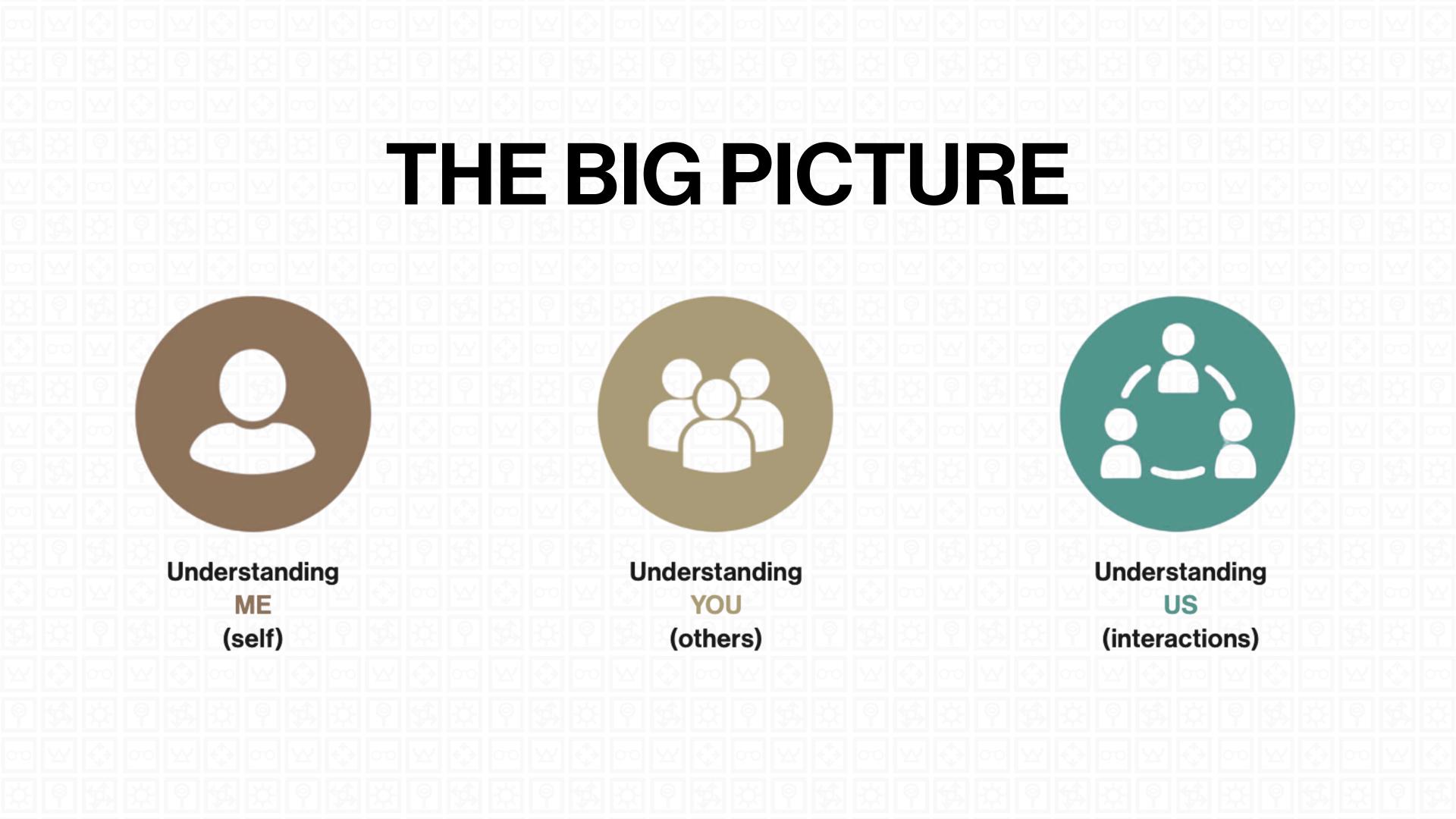
Expectations

Lived Experiences

Autonomy

Archetype, Nurture, & Nature

Perceived & Real Control & Choice



Failure & Risk Framework

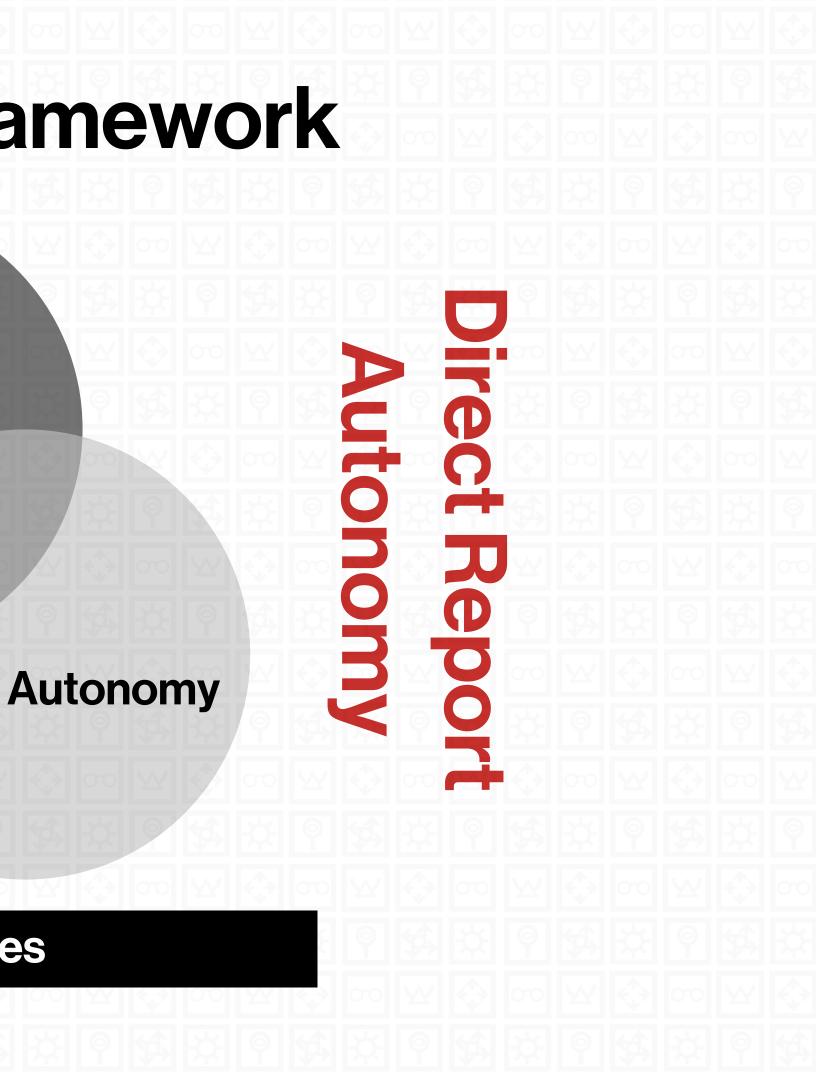
Tendencies

Expectations

0

Delegati

Lived Experiences



TODAY



DELEGATION & RISK

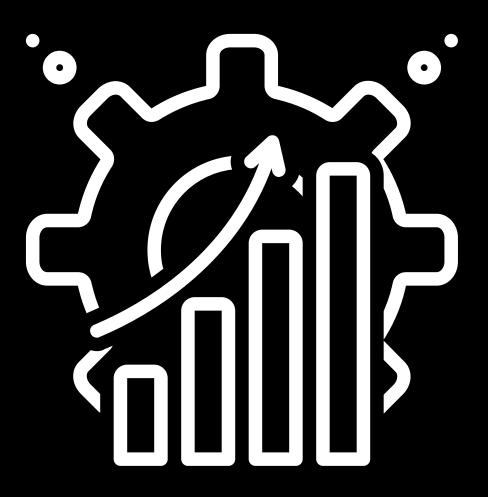
If I am not actually doing the work, what value am I adding? Looks Like / Sounds Like

I can do this task better & faster than anyone else.

I can't afford to have someone mess this up, so I need to do it myself.

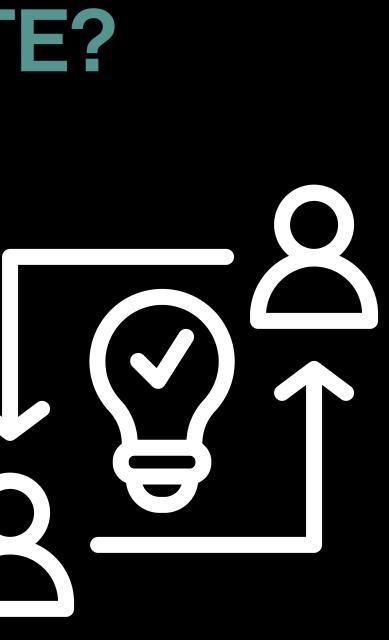
I waited too long, and now I don't have time to delegate this.

WHY DELEGATE?



Efficiency

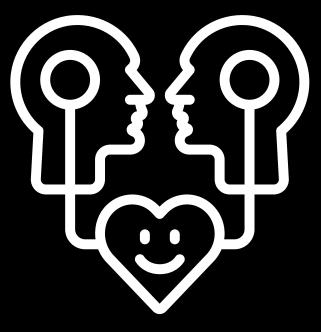
Coaching/Development



The Human Equation of Expectations

Owning My Side

Inquiring About Your Side



Empathic Clear Expectations

Understanding Me: As the Delegat-OR

Understanding ME (self)

- What are your tendencies

when it comes to delegating? • Where is your growing edge as it relates to delegating? (ie: What personal crap around risk & control do you have to reconcile so that you can be a better delegator & leader?)

Failure & Risk Framework

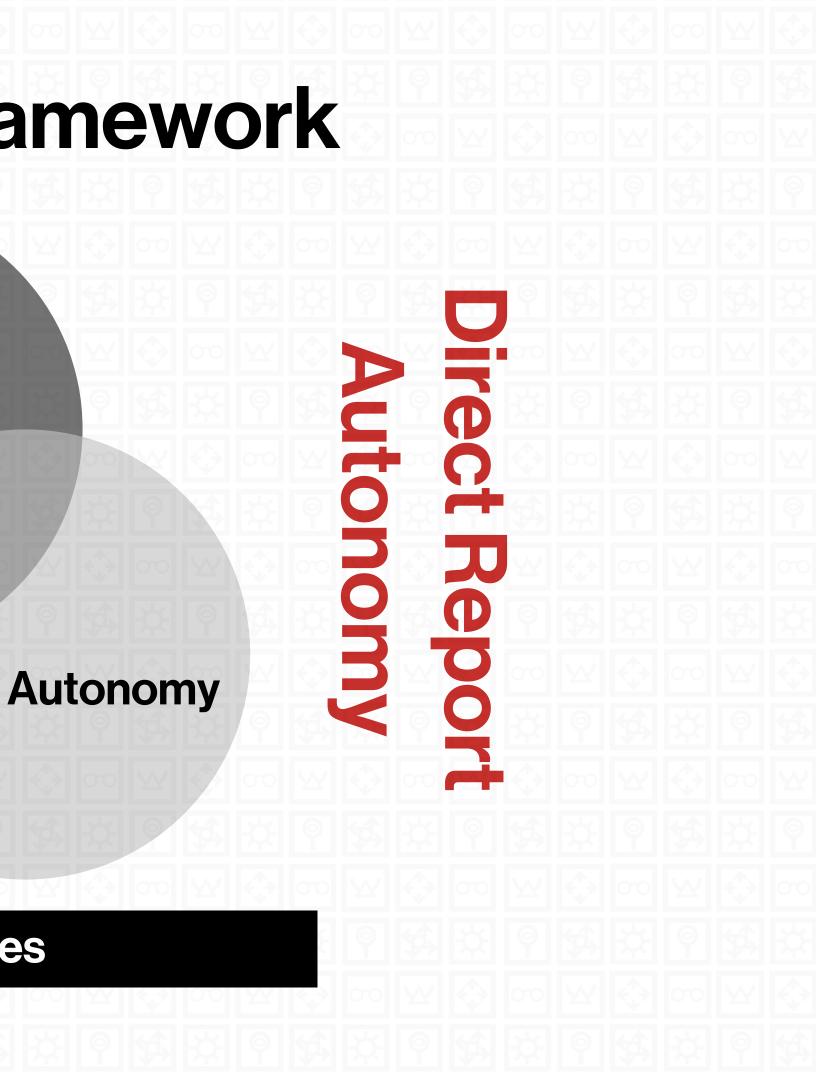
Tendencies

Expectations

0

Delegati

Lived Experiences



Why are they waiting to be told what to do?

AUTONOMY Looks Like / Sounds Like

Did you Google it/ talk to your colleagues/ freaking TRY to figure it out?

Can't they make some of these decisions themselves?

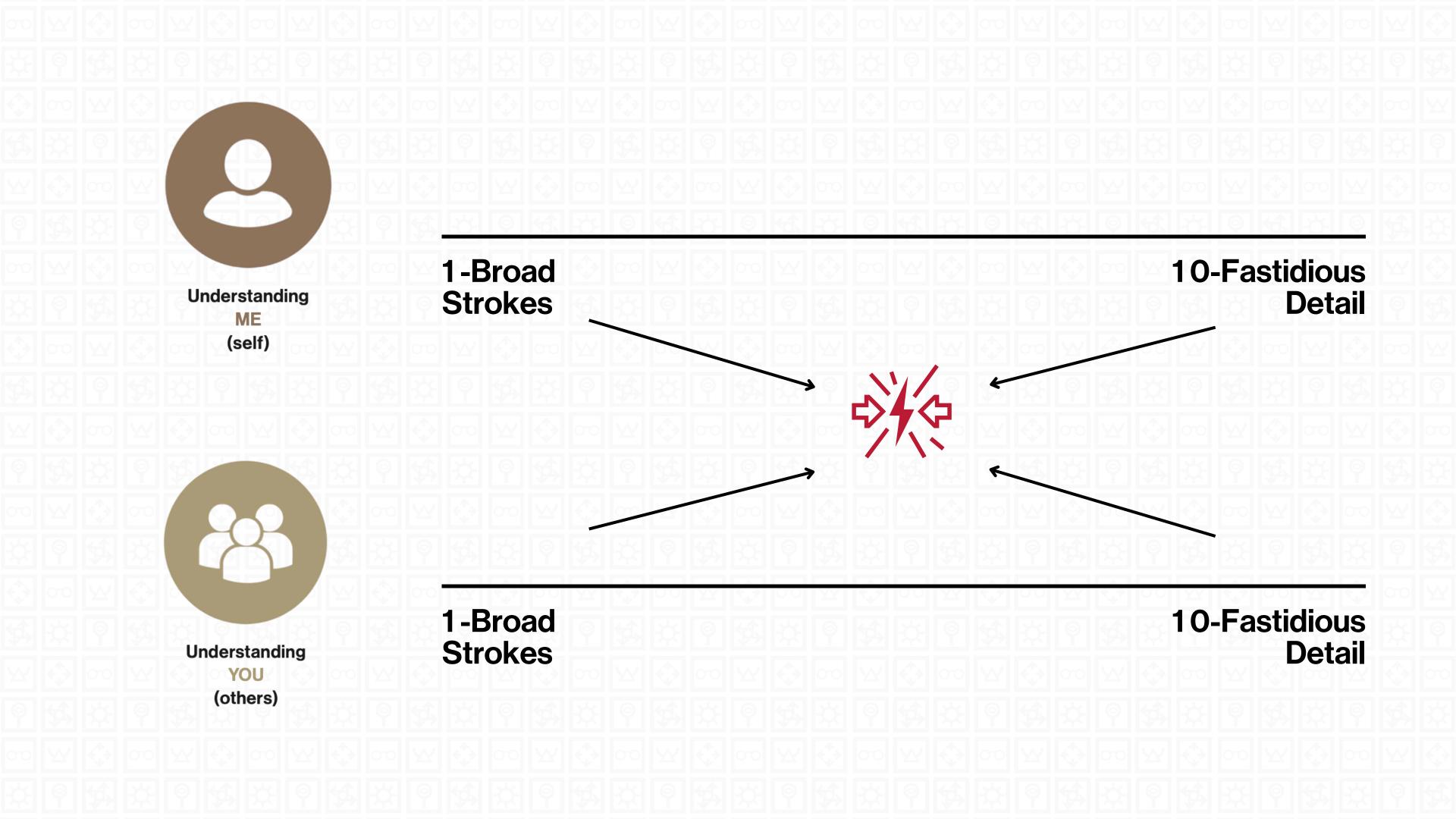
Why do I care more about their job than they do?

Understanding Others

autonomy

Understanding YOU (others)

• Think of your direct reports • Consider how their tendencies impact their "risk tolerance" as it relates to confidence &



Expectations, Delegation, & Autonomy

Understanding ME (self)

- What are my tendencies when I give expectations?
- How comfortable am I with delegation?
- How does my definition of failure impact these things?

• Think of a specific direct report (Proactive Paula or Hesitant Harry)

Understanding

YOU

(others)

 Consider that person's archetype/tendencies. What does that person need to feel confident and autonomous?

Understanding US (interactions)

- How can you adjust how you set expectations/give information to your direct report
- How can you coach your direct report to proactively seek out what they need?

BREELOUISEF

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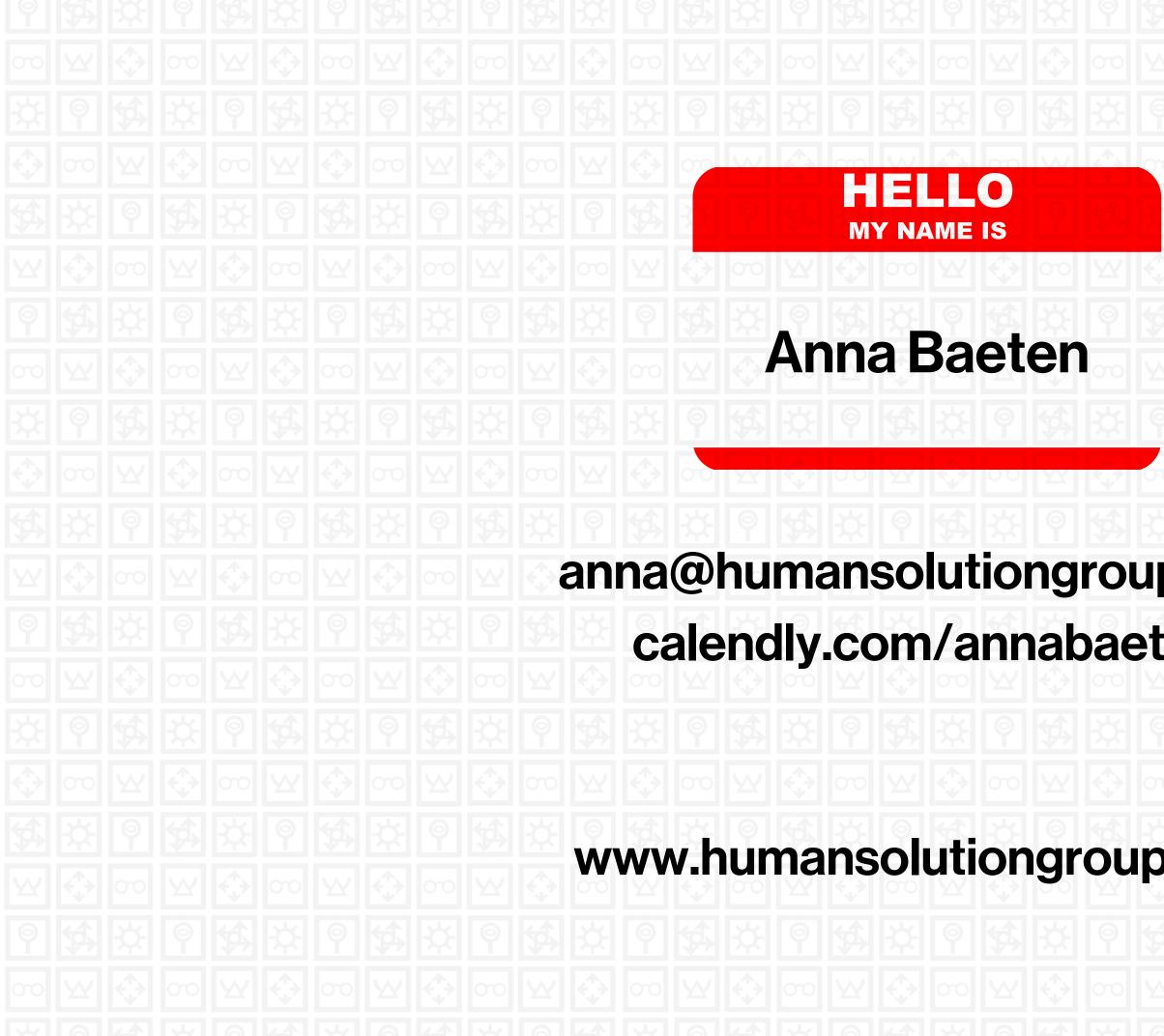
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